

THE WORLD IS WATCHING

WEEK TWO // Matthew 28:16-20

OVERVIEW

Does the great commission and the call to be a disciple change the way I live? The invitation of Jesus is to: acknowledge his authority, step out in obedience to be a disciple of Jesus, and to invite others to follow you as you follow after Jesus.

DISCUSS

Who has had the largest impact on who you are today? Why?

Read the following passage out loud together: Matthew 28:16-20

The Great Commission is a widely known passage, did anything in particular stand out this time through it?

To someone outside of the faith, how would you define a disciple?

Do you feel like you have an adequate understanding of what is required of you as a disciple of Jesus? If not, where do you feel insecure in your discipleship to Jesus?

What have you had to die to in your discipleship to Jesus? Do you sense He is currently invited you to die to something else?

Do you have any sense of where He might be leading your next in your discipleship to Jesus?

Did anything else stick out from this message?

Are you feeling led to take any particular step in regards to this week's message/discussion? How can our group come alongside in doing so?

PRACTICES TO GROW IN ATTENTIVENESS TO ONE ANOTHER

We often limit our listening to others to just their words, all the while they are speaking to us through many other means. The problem is, many of us don't really know how to listen to each other's nonverbal queues. Below are two games you can play as a group to flex the relational muscles necessary to learn each other's nonverbal language. Playing these games one time will not immediately build the relational muscles needed to hear each other when words aren't being used, so consider playing these games at the beginning or end of group for the coming weeks.

FOLLOW THE LEADER

- Have everyone stand up.
- Select a leader to stand in front of the group (we recommend picking a quieter member of your group).
- Set a 30 second timer.
- Once the timer begins, everyone in the group has to mirror every single motion the leader makes (facial expressions, arm/leg movement, breathing patterns, etc.). The leader should not be making any sounds (though you'll inevitably laugh at some point).
- Allow a few people to be the leader for your group.
- Once a couple people have been the leader, discuss your experience as a group.
- What did that feel like?
- Did anything surprise you?

TELL US WHAT HAPPENED.

- With everyone seated, select a leader to stand before the group (we recommend picking a quieter member of your group).
- Have the leader act out a specific event from their past week without using words. And make sure that leader is being specific, like: "I rolled my ankle at Sky Zone." NOT "I had dinner."
- Have the rest of the group actively work together to figure out what the leader is trying to communicate. Shout out words that you think the leader is trying to get them to say, allowing the leader to nod in approval or disapproval.
- Allow a couple people to be the leader.
- After a few people have had the chance to lead discuss your experience as a group.
- What did that feel like?
- What was the more difficult position? Being the leader or trying to figure out what the leader was communicating?