

THE WORLD

IS WATCHING

WEEK FIVE // Colossians 3:1-17

OVERVIEW

This week we wrap up “The World Is Watching” by exploring one last time this question: “Does the world see a difference in us?”

DISCUSS

If you had to describe what your life is aiming at right now - what would you say?

Read the following passage out loud together: Colossians 3:1-17

How do the targets in your life align with what Paul is writing about in this passage?

What are the things that you need to kill and put off right now? Are there are few that consistently tempt you?

Does your view of your identity align with what v12 says - that you are chosen, holy, and loved? How would a belief in that truth shape your perspective of yourself?

Of all the things listed in v12-17, which ones stand out the most to you? Which ones do you see as qualities you want to grow in - what are some practices and patterns that might be helpful in those pursuits?

Are you feeling led to take any particular step in regards to this week’s message/discussion?

How can our group come alongside in doing so?

PRACTICES TO GROW IN ATTENTIVENESS TO ONE ANOTHER

We often limit our listening to others to just their words, all the while they are speaking to us through many other means. The problem is, many of us don't really know how to listen to each other's nonverbal queues. Below are two games you can play as a group to flex the relational muscles necessary to learn each other's nonverbal language. Playing these games one time will not immediately build the relational muscles needed to hear each other when words aren't being used, so consider playing these games at the beginning or end of group for the coming weeks.

FOLLOW THE LEADER

- Have everyone stand up.
- Select a leader to stand in front of the group (we recommend picking a quieter member of your group).
- Set a 30 second timer.
- Once the timer begins, everyone in the group has to mirror every single motion the leader makes (facial expressions, arm/leg movement, breathing patterns, etc.). The leader should not be making any sounds (though you'll inevitably laugh at some point).
- Allow a few people to be the leader for your group.
- Once a couple people have been the leader, discuss your experience as a group.
- What did that feel like?
- Did anything surprise you?

TELL US WHAT HAPPENED.

- With everyone seated, select a leader to stand before the group (we recommend picking a quieter member of your group).
- Have the leader act out a specific event from their past week without using words. And make sure that leader is being specific, like: "I rolled my ankle at Sky Zone." NOT "I had dinner."
- Have the rest of the group actively work together to figure out what the leader is trying to communicate. Shout out words that you think the leader is trying to get them to say, allowing the leader to nod in approval or disapproval.
- Allow a couple people to be the leader.
- After a few people have had the chance to lead discuss your experience as a group.
- What did that feel like?
- What was the more difficult position? Being the leader or trying to figure out what the leader was communicating?